

The Go To Resource For San Antonio Families Since 1985

Free Sept. Issue

San Antonio

ourKids

Magazine



Elementary School Years

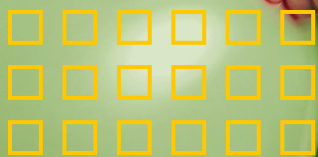
8 Parenting Tips
for Ages 6 to 10

10

Fantastic
Birthday Party
Gifts for \$20
or Less

Countdown To A
Stress-free Birthday
Celebration

Party Issue



September 2022 // Vol. 37 No. 6

ourkidsmagazine.com



Table of Contents

04 The Savvy Party Planner

08 Start a Family Game Night

12 How to Survive the Elementary School Years

16 10 Fantastic Birthday Party Gifts for \$20 or Less

18 A Festive Mess

A note from the publisher

Whoa, what an insanely hot summer! I hope everyone is keeping cool. I have an awesome announcement: we've launched our new website! Check it out and make sure to click the 'contest' button on the menu for the chance to win a \$50 dollar gift card to W D Deli and receive our bi-monthly newsletter with all the same articles and information! We're also building up our events page, so make sure to submit any family friendly fun!



Andres Flores

Andres@ourkidsmagazine.com



Author Christina Katz gives some tips for a crazy fun birthday party. It's going to be messy, but don't worry! There's a bit more on how to make that mess work for you.

Find on page 14



For Advertising Information:
Amy@ourkidsmagazine.com

OurKids Magazine is a locally owned magazine published monthly. Advertisements in this magazine are paid for by the advertisers, which allows this magazine to be free to the consumer. Limit of one free copy per reader. Unless specifically noted, no advertisers, products or services are endorsed by the publisher. All persons are hereby informed that all dwellings advertising are available on an equal opportunity basis. SomberSail LLC copyright 2022. All rights reserved. Reproduction in whole or part without written permission is prohibited.

Vol. 37 No. 6

September 2022

Published by SomberSail LLC

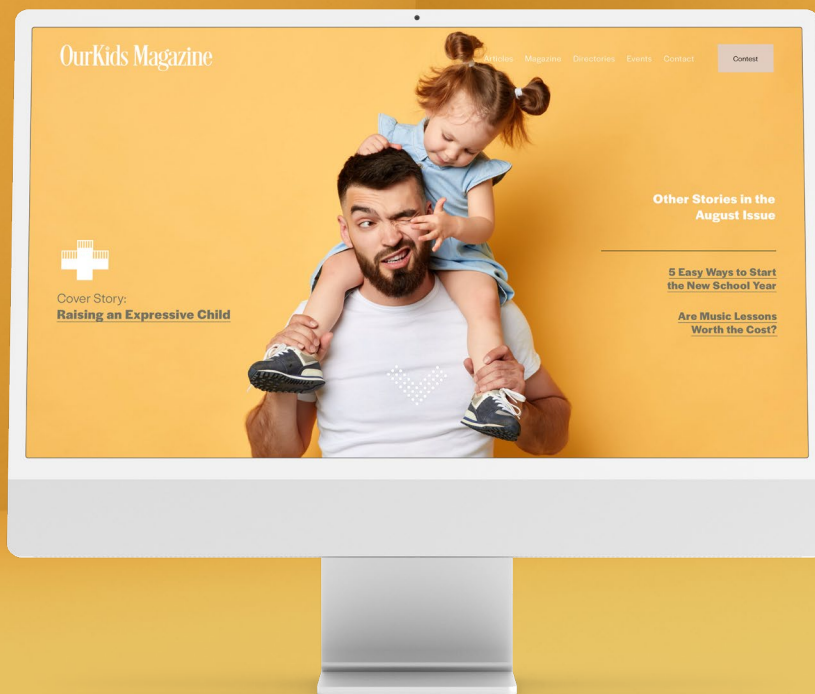
Edited and Published by
Andres Flores

Special Thanks to
Pat Ramotowski & Rudy Riojas

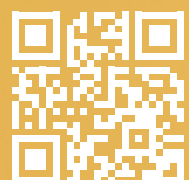
ourKids Magazine

Events • Articles • Business
Listings • Contests • More

Introducing our
new website, your
online resource for
everything kids



<http://ourKidsMagazine.com>





The Savvy Party Planner: Countdown To A Stress-free Birthday Celebration

Story by
Christina Katz

4

Planning a memorable birthday event can be the highlight of your child's year, if you maximize the fun and minimize the stress. The best way to increase the magic and decrease the madness is to use a handy checklist so you can start early and get ready gradually. Or if you want to plan your party in one fell swoop a few weeks ahead, this checklist will help you do that, too.

I have been planning and hosting birthday parties for over a decade, and these steps will get you from vision to fruition. Follow these timing tips, and you'll be able to keep a smile on your face from the day you start planning until the moment the final

ourkidsmagazine.com



guest is picked up or dropped off.

10. Choose A Theme. Always have a theme. Having a focus will help you plan and execute your party without a hitch. Several months before your party date, brainstorm themes with your guest of honor. See sidebar for theme suggestions.

9. Make Reservations. If there is one thing I have learned about popular party venues, it's that they fill up early. Once you have your theme and know you will need a location away from home, get your reservations nailed down tight two-three months in advance.



**Quality, Affordable Dental Care
for the Entire Family**

Welcoming New Patients!

- Cleaning
- Sealants
- Oral Exams
- Dental X-Rays
- Fillings
- Root canals
- Extractions
- Crowns
- Bridges
- Dentures

CentroMed

Accepting Medicaid, CHIP & most Private Insurances.
Hablamos Español.

**To Schedule an Appointment, visit
CentroMedSA.com
or Call 210-922-7000**

Low-stress, High-fun Party Themes

- Make-something Party
- Animal Interaction Party
- Bounce or Jump Party
- Pool Party
- Movie Party
- Tea Party
- Pony Party
- Bowling Party
- Garden Party
- Roller Skating or Ice Skating Party
- Spa Party
- Slumber Party
- Indoor Fun Center
- Outdoor Playground Party

Reusable Party Favor Holders

- Water Bottles
- Chinese Food Buckets
- Flower Pots
- Bandanas
- Beach Buckets
- Fabric or Felt Sacks
- Hats
- A Frisbee or Outdoor Toy
- Books, Comics or Workbook
- Tins
- Brown Paper Bags
- Small Canvas Totes
- Baskets
- Push Pops
- Bottles or Jars
- Socks or Gloves

8. Find Supplies Online. Shop local when you can to support your local economy, but for those hard-to-locate items, don't burn up time and gas searching for what you can easily find online. Generally speaking, one-stop party stores are not as prevalent as they used to be and you'll likely be delighted by the variety you can find online. Just make sure to place your orders at least month early to allow for shipping time and returns if anything is not what you'd expected.

7. Send Out Invitations. Evite wins hands-down for quick and easy party invites. Just visit evite.com, select a theme, add in your guests' e-mail addresses, and send your invitations. Two weeks notice is usually just the right amount of time. But if it's a busy time of year, add another week or two.

6. Order The Cake. Cakes and cupcakes can get expensive when you make them from scratch. Besides, the kids will probably like the local big-box or grocery store sheet cakes just as much as homemade. Order one week ahead for pickup up on party day for the freshest results.

5. Tackle Your Local Shopping List. Despite ordering ahead online, you probably still have few items you need to pick up locally. Be sure to pick them up at least a week ahead in case you can't find something and need to order it online after all.

4. Recruit helpers. Why try to do everything yourself when you can have so much more fun at your party with plenty of helping hands standing by? See the sidebar for suggestions.

3. Curry Favors. Favors don't have to be expensive or intricate. For a home party, go simple, fun, and inexpensive. Be as eco-friendly as possible by offering favors in a reusable container. If hosting a party elsewhere, consider letting the party be favor enough or simply offering a small treat to guests on the way out like a lollipop or a candy necklace.

2. Set Up A Day Ahead. If you are ordering any large food deliveries like pizza, place your order a day ahead. Don't forget to check online for any discounts or coupons. Then go ahead and tackle as much prep work as you can. Decorations? Food preparation? Party favors? Activity prep? Everything will go smoother on party day if you take care of as much as you can the day before.

1. Party Down! Get a good night's sleep. Allow at least two hours prior for set up and one hour afterwards for clean up. Then enjoy every memorable moment. Designate a party photographer, if your hands will be full to document the day.

Who Can Help?

Both parents need to



contribute. Don't forget to factor in Dad's strengths before, during, and after the festivities.

Babysitters or neighbor teens make great party helpers. I pay our sitter to attend because I always need extra help, and I also want her to share in making memories.

Exchange party help with a friend. You help with her child's

party and then ask for the favor back for your child's party.

Just ask! You never know when a guest's parent might enjoy helping and you might make a new mom friend this way. Once you have the final attendance list, use evite.com to inquire if anyone is available to pitch in.

Some people make better "special guests" than helpers.

Siblings of yours or the guest of honor may fall into this category, as may elderly grandparents or visiting relatives. For peace of mind during the party, only invite those you know in advance will be gracious helpers.

Mad SCIENCE
PARTIES & FIELD TRIPS
*Hands-On Science Fun
 In Person or Virtual!*
210-651-1143
SANANTONIO.MADSCIENCE.ORG

W D DELI
Now offering catering for adults and KIDS!
 Order Online 
 wddeli.com
 3123 Broadway | Mention this ad for a **FREE COOKIE**



Start a Family Game Night: 5 Great Benefits

Story by
Sarah Lyons



In the age of smartphones, Netflix, and busy lives in general, family time often gets neglected for other things. However, spending quality time as a family is important for the strength of your family. One great way to incorporate family time into your busy life is to plan and schedule a family game night. Get the kids involved and pick some games that are fun for all ages, set down the electronics, set out some snacks and enjoy some time together. Here are some great benefits you will enjoy by



Get Well,

Stay Well!



PEDIATRICS

Immunizations, Well-child visits, ADHD care, Cold/Flu care, & more.
Telemedicine and Curbside services also available!

San Antonio • Helotes • Leon Springs • Boerne (210) 233-7000 www.CommuniCareSA.org

ACCEPTING MOST PRIVATE INSURANCES, MEDICAID/CHIP. SELF-PAY PATIENTS WELCOMED

making time for family game night.

Affordable family fun

Not only is game night a great way to bond as a family but it is much more affordable than other family outings such as going to the movies or visiting local attractions like the zoo. These activities often cost \$10 or more per person, not including food and drinks. Game night is a frugal and fun way to enjoy family time because a one-time purchase of a new game

costing \$20-50 can be enjoyed repeatedly for years to come.

Conversation starter

Many parents struggle with getting conversation started with their kids, especially teens. Conversation flows more easily as you play games together. Games can create healthy competition, teamwork, and bring up topics that you might not normally discuss. It also helps build a bond and trust between family members.

Screen free time

If your family is anything like mine, screen time limitations are a challenge, not just for the kids but for the adults in the family as well. Intentionally setting our phones aside while we play a game together gives all of us a break from the constant barrage of social media and other digital distractions and frees us to take the time to focus on each other.

Build reading skills

Games are a great way for

kids to build their reading and comprehension skills. If you really want to work on these skills, choose games that will help challenge your child's reading skills. For example, when playing trivia the kids each take turns reading questions that may be about subjects that are new to them. They practice their read-aloud skills and might learn new information too.

Create great family memories

Perhaps the best reason to add a family game night to your

schedule is enjoying quality time together. While doing so you will create wonderful family memories as you laugh together and enjoy some healthy competition. Kids are sure to look back on this family tradition and appreciate that you made time to set aside the distractions of life and enjoy the time spent playing together. .

When planning a game night make sure to be realistic. Playing games for several hours every Saturday night will probably not work for most families due

to busy schedules. Plan a night where everyone is free and choose a game that can be played in a reasonable amount of time that will keep everyone's interest as well as be fun for all involved. Game night doesn't have to happen every week, try for once a month or every six weeks. Put game night on your calendar and adjust plans to protect that time from other engagements. The time you put into family game night will be worth the bond your family members will build and the memories you will share.



The Clowvazar Academy

"A school that truly understands my student's needs."

As a year-round private school for students with Anxiety, Autism, ADD, ADHD *et cetera*.

We offer education to General Ed, Special Ed and Gifted-and-Talented students. **Kindergarten - 12th Grade**

For over 11 years, we have offered a structured, comfortable, empathetic and profoundly important education experience to our students.

We offer tuition reductions to families in need.

Apply Online!

www.clowvazar.com

210-690-4800

12746 Cimarron Path #120 San Antonio, TX 78249

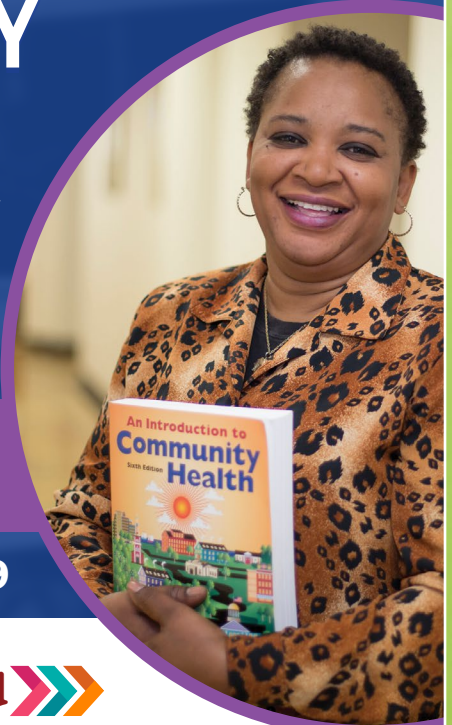


I AM a COMMUNITY HEALTH WORKER

Community Health Workers are trusted members of the community who assist individuals and families to adopt healthy behaviors. They also help improve access to health services to people in their community. They are skilled at connecting people to what they need and have a heart to help others. Classes are now available at Northwest Vista College for enrollment. Be the heart of your community and enroll today.

LEADING THE WAY TO A HEALTHIER COMMUNITY

CALL FOR MORE INFO 210-207-4759



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

SA Forward

Story by
Kimberly Blaker

How to Survive the Elementary School Years

8 Parenting Tips for Ages 6 to 10

You survived potty training and the terrible twos; you've reclaimed your bed, and your child is now somewhat self-sufficient. Life ought to be smooth sailing from here on, right? Perhaps. That is if you don't take into account the elementary school-age

battles that lie just ahead. But don't sweat it. The following tips will help you ride out this adventuresome yet trying stage.

Tattletales. Does your child tattle every time a sibling or playmate breaks a rule? Kids tattle for many reasons. Sometimes they don't understand the difference

between tattling and telling about something important. Other times, kids are looking to get another into trouble.

So explain the difference between tattling and telling. Tattling is when someone breaks a rule (or when there is no rule), and breaking the rule



is relatively harmless. Telling, on the other hand, is when another child does something that could cause harm to oneself or others. Make a rule that you don't want to hear any tattling, but that telling is okay and even necessary.

Lying. Every child tells a lie at some point or another. Even most adults are guilty of occasional white lies. Still, teaching kids to be honest is vital to developing into trustworthy adults and their ability to form intimate relationships.

Talk to your child about how lying diminishes yours and others' ability to trust your child. Explain how it can impact your child's relationships. Then, if you catch your kid in a lie, explain how his or her future freedom and privileges are dependent on how well you can trust your child.

Also, to build your kid's trust in you, practice being open and nonjudgmental. This will go a long way toward your child's openness with you.

Media overload. With the overwhelming variety of media available to kids, it's hard to know where to draw the line. But the American Academy of Pediatrics, recommends kids be limited to no more than two hours of entertainment-based screen time per day.

To gain cooperation, invite your child to help you establish media use rules. List the various forms of media used by your child, including tv, video games, computer, and cell phone. Establish a total number of hours per day your kid can use media. Then ask your child to help you break down how much of that time can be spent on specific forms. Also, discuss the measures you'll take if rules are violated.

Chore wars. As your child grows, so should his or her responsibilities. In the elementary years, kids can pick up their rooms, set and clear off the table, sort their laundry, fold laundry, put away their clean


clothes, bring in the mail, rake leaves, and dust, among other simple tasks.

So have your child choose a small number of simple chores.

“Talk to your child about how lying diminishes yours and others' ability to trust your child.”

As your kid grows, increase the amount or level of difficulty. To gain cooperation, set a regular schedule for each task, and offer daily or weekly rewards or an allowance.


Homework hassles. This is a routine challenge for many parents. So hold a meeting with your child to discuss homework. Explain you're going to set some rules. Then give your kid a couple of choices to increase cooperation. One option might be 30 minutes of free time or media time after school before having to begin homework. Another option could be to do chores and free time right after school. Then homework will start



Phonics - Reading - Writing Composition
Math - Handwriting - STAAR Prep.
ADD - ADHD - Dyslexia - ESL
Autism - Pre-K to 8th Grade

“Inspiring students to excel and do their best!”

Gail Saunders, B.S. Ed. C.I.
25+ Years Experience

Call or Text 210-722-4947
inspiringexcellencetutoring.com 



FREE IN-PERSON CLASSES

LEARN SKILLS, GET FIT & STAY ACTIVE!

Fall Classes Free

Open to Elementary & Middle School Students

Kids enjoy the fun drills, skills, and challenges. Parents love the physical fitness involved. Contact us today to reserve your spot. Classes located in the Helotes area off of 1604.

 **Coachbobby7755@gmail.com**
210-269-0725
www.coachbobbysports.com 



immediately following dinner. But avoid saving homework until late in the evening.

Also, find a distraction-free location in your home that is always for homework. Then require your kids to put their

“First, try to empower the teased child, and encourage him or her to tell the other to stop.”

phones on the charger, away from the area when doing homework.

Name-calling and teasing.

Sometimes when kids call each other names, they're just playing.

If they're going back and forth at each other, both laughing and having a good time, it probably isn't a big deal. As long as it's play, balanced, and no one's feelings are getting hurt, you can let it go.

But if it's one-sided, mean-spirited, or the child on the receiving end seems angry, upset, scared, or hurt by it, it's usually best to intervene. First, try to empower the teased child, and encourage him or her to tell the other to stop. If necessary, take a more direct approach, and make clear to the child doing the teasing

how hurtful the behavior is and that it isn't acceptable.

The birds and the bees. The question of where babies come from, and discussions of puberty can leave even the most open-minded parents fumbling. So, prepare in advance for the inevitable discussions so you can answer questions in the best way possible and without showing discomfort. Your comfort is essential to making your kid feel comfortable and will lead to more openness from your child as he or she matures.

To get started, during the early elementary years, read *Where Did I Come From?* or another age-appropriate book to your



adBance
BEHAVIORAL HEALTH

**1-on-1
In-Home
ABA Therapy**

AdBAncE – Behavioral Health provides ABA therapy to individuals of all ages in the **Autism Spectrum Disorder** and with other special needs. By using the principles of **ABA**, we strive to improve the quality of life of our clients and their families. We accept all major insurances.

Services Include:

- In-Home & TeleHealth ABA
- Consultation for Educators
- Early Intervention Services
- Functional Behavior Assessments
- Parent Coaching & Consultation
- School-based ABA Therapy
- Social Skill Development

www.AdBAncE.com (844) 568-2001

child. This takes the guesswork out of what to say and how to say it.

In the later elementary years, discuss puberty and sex more completely. Many kids reach puberty by the age of 10. So make sure your pre-teen is fully prepared for the changes that'll take place. By late elementary, some kids are already talking about it among each other and are full of misinformation. So having this discussion is crucial to ensure your child is accurately informed about sex

Defiance. As kids grow, they become more independent – and with independence comes defiance. To deal with defiance,

lay out the rules ahead of time, so you and your kids know the consequences.

When your child is defiant, remember the following. Consistency is crucial to being effective. Also, don't argue. If your child tries to debate you after you've already stated the issue and laid down the consequence, calmly say you've already made up your mind, and you're done discussing it. Then leave the room, so you're not tempted to argue or give in to badgering.

Beginner sewing classes



North Central at 281/
Thousand Oaks
210-375-5241

Adults and kids

www.AbbysAtticSewingSchool.com

10 Fantastic Birthday Party Gifts for \$20 or Less

Story by
Rebecca Hastings

My daughter ran in the door with an envelope in her fist. Smiling ear to ear she tells how excited she is to go to her classmate's birthday party. I wanted to be happy for her. I really did. But all I could think was: another birthday party?

With classrooms full of twenty or more kids, that can add up to a lot of parties, and money. Here are ten gifts that every kid will love and won't break the bank!

Laugh Out Loud Jokes for Kids Books – Grab a stack of these books to give the birthday girl or boy for guaranteed laughs! Enjoyable for ages 7 and up, these jokes, tongue twisters, and knock, knocks will be a sure hit!

The Original Stomp Rocket

Junior Glow – This STEM-friendly toy is great for kids 3 and up. With glow-in-the-dark rockets, this kid-powered toy is endless fun for active kids!

Scientific Explorer My First Mind Blowing Science Kit – Fun and educational, this STEM kit is perfect for kids 6 and up to explore scientific concepts. Create a sunset in a test tube or an underwater volcano, this kit has 11 different experiments to discover!

Crazy Aaron's Thinking Putty – Addictively fun, this putty is sure to enchant kids and adults alike. Fun to play with and explore, this putty comes in a variety of colors and types like glow-in-the-dark, liquid glass, and magnetic.



Guinness Book of World Records – Books are a family favorite around here, and this one is especially great. Filled with amazing, unusual, and random facts that kids and adults love. Great to get families talking and laughing together. There is something for everyone in this mind-bending, gross-out, and amazing record book!

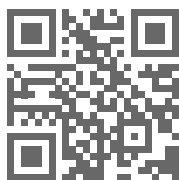
Spot It – This card game is fun for everyone. Fast-paced and easy, you can play with a few people or just practice on your own. Be the first to spot a similar picture on the top card and your own and you are that much closer to winning! With variations for animals, spotting letters, and Spanish editions, there is a Spot It for everyone!

Rock Painting Kit – A simple craft that is easily adaptable for different ages and interests, this kit is a winner! Beyond the fun of painting and decorating the rocks, there are even waterproof paints and tracking stickers so kids can spread joy throughout their community!

Ultimate Crayon Kit – This crayon kit is a dream come true for every person who loves to color. With 152 pieces, it is the ultimate rainbow, giving creatives the chance to color every shade they can think of. A fun set that will be used to create many masterpieces!

Binoculars – Always a kid favorite, these will get plenty of use! From outside exploration to inside wonders, these binoculars put science right in little hands. Easy to travel with, they provide hours of wonder and fun.

Waboba Moon Ball – This gravity-defying creation takes playing ball to a whole new level. Don't be fooled by its small size. This ball can bounce sky high with cool sounds and won't get lost the way small bouncy balls do. Kids (and adults) won't be able to keep their hands off this extra bouncy ball!



**Scan the QR Code to
access the digital version
with amazon links!**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**SAFE SPACE.
FUN GAMES.
FAST FRIENDS.**

Join the YMCA for E-GAMING!

Kids ages 12-17 can sign up for specific platforms and games of their choosing. Play from the comfort of your home while competing virtually with other kids around San Antonio and Austin. E-gaming at the Y is a safe way for kids to play video games online. Perfect for first timers or competitive gamers. Kid friendly and kid safe gaming leagues at the YMCA.



**Snap the code
to see offerings
and sign up today!**



ymcasatx.org

**Coming Soon!
E-Gaming Hub
DR SEMMES FAMILY YMCA**



A Festive Mess: 17 Creative Birthday Activities For An Unforgettable Party

Story by
Christina Katz

I don't mean to brag, but my husband and I have thrown quite a few awesome birthday parties over the years. However, when reflecting back over all the parties we've thrown, it's clear to me that the most memorable parties were not the most elaborate or even the most expensive. They were simply the messiest. Messy and birthday parties go together better than you might imagine. After all, what could be more festive than a little bit of parent-approved pandemonium?

The key to milking the most fun out of any birthday party is including more messy fun. And if you really want to throw the party to top all parties, go for a totally messy party from beginning to end. If a little bit of mess is memorable, than a lot of mess just might be unforgettable. In that spirit, here is a list of seventeen indoor and outdoor ideas that won't break the bank.

1. Take aim, color. Mark off a square play arena outdoors with five-foot tall Bamboo garden stakes and blue painters masking tape. Fill squirt guns or squirt bottles with non-toxic watercolor paints, don a pair of clear swim goggles, and let the kids decorate each other dressed in white t-shirts and leggings or sweats. The only rule is no one leaves the field until the paint is all spent.

2. Take a whack at it. Fill a store-bought piñata 2/3 of the way full with cooked, well-drained spaghetti. Then add small plastic toys, foil-wrapped granola bars, and plastic wrapped candies. To extend the fun, hang the piñata on



a pull cord threaded through an eyehook so you can pull it up and down as kids swing at it with a bat or broom handle. Secure a tarp underneath with Duck tape (indoors) or camping stakes (outdoors) for easy cleanup.

3. Eggcentric art. Break the tops off real eggs and pour the yolks and whites into Tupperware to make quiche or a soufflé later. Keeping empty shells in the carton, fill each with acrylic paints of various colors. Outside or in the garage or basement, hang a large canvas against a sturdy wall or fence and let the kids take aim and fire until they make a masterpiece. Use plastic drop cloths to catch the splatters as needed.

4. Franken-beauty. Make natural facial masks out of banana, avocado or cocoa. Sit guests around a large table in pairs to take turns applying masks to each other's faces. Be sure to have some hand mirrors handy so everyone can see what all the squeals are about.

5. Construction junction. Supply lots of sheets, blankets and pillows for fort construction. If you can mount a few Hula Hoops strategically around the room, they come in handy. You might also supply bandanas and bungee chords. Be sure to inspect the results for hazards. Keep food and drinks strictly separate.

6. Reach for the foam. Play messy Twister in the yard by

mixing foam shaving cream and food coloring. Wear clothing that can get stained. If no one wants to worry about clothing stains, simply use white shaving cream for the same effect.

7. Pudding slide. Make about a gallon of chocolate pudding. Drop large spoonfuls of pudding onto a Slip & Slide. Have guests

take a running start down a low-grade slope. To make slide more slippery, have guests sprinkle it with water from a sprinkler can or set the hose sprayer to mist. Add more pudding or water, as needed.

8. Slime ball. Find an online recipe to make nontoxic slime and let guests prepare it. Then





play a game of hide the bouncy ball in the slime. Use a blindfold and a timer to see who can find their party favors the fastest. Enjoy the groans.

9. Picasso footsie. Roll out a long sheet of paper and pour puddles of acrylic paint at one end. Have each guest step in one color per foot and walk across the paper. Switch to the other side of the paper to balance out the look. Hang art on a fence or wall to dry.

10. Musical silly string. Put half the group in the

CHILDREN'S ENRICHMENT CENTER

BRIGHT IDEAS

We offer

- Infant Care
- Pre-School Programs
- Gymnastics
- Private Kindergarten
- Karate
- Spanish
- Ballet
- Swimming

We're Hiring!

9433 Fredericksburg
210-694-4622
Monday - Friday
6:15 a.m. - 6:30 p.m.
www.brightideasdaycare.com

www.facebook.com/brightideas1987

JOIN US!

Located near USAA and the Medical Center

middle on a plastic tarp. Encircle guests with the other half of the group. Turn on the music. Have the inside group move in one direction and the outside group move in the other direction, while spraying the inside group with silly string. When the music is turned off, switch groups.

11. Pasta fling. Cook one box of spaghetti per party guest. Get some five-gallon buckets and fill them 2/3 of the way with water. Add enough flour to thicken the water, then add spaghetti. The only rules are: use your own spaghetti, no bucket-dumping, and no touching—just throwing. Put them in the square play arena and get the heck out of the way.

12. Mud puddle fun. On a sturdy table at playing height, fill a small kiddie pool with dirt and just enough water to make mud. Add digging and pouring toys for an hour of industry for young guests.

13. Duck-Duck-Dump. Have kids sit in circle for a game of Duck-Duck-Goose. But first, hand them a cup of water and a half-cup of flour to pour over each goose's head.

14. The opposite of tiny bubbles. Make bubble mix with ten cups of regular Dawn Dish soap and five gallons of water. Let it sit overnight. Do not agitate the solution as you pour it into a small wading pool slightly larger

than a Hula Hoop in diameter. Have guest don a pair of clear goggles and stand in the middle of the pool without splashing. Let two party guests lower a Hula Hoop over the guest and then pull it straight up into a giant bubble.

15. Three-legged color run. Set up a start and finish line for a short jaunt. Tie the legs of two guests together and have them wear clear swim goggles and white play clothing. Have other guests stand on the sidelines and throw color from bags of nontoxic Holi colors (the type used for Color Runs, available online). The winners take on the next pair of challengers until everyone has run. The most

Extra!

Making Messy Work For You

Remember, the key to throwing an unforgettable party isn't about choosing the trendiest theme or the hottest destination or decorating your guts out with the latest Pinspirations. The key is simply to let kids make a mess and have fun doing it. These tips will save you some sanity.

If you can't go outside, consider

using a well-ventilated garage, shed, or basement.

Check out the painting supply section of your local store for inexpensive items to protect your party space.

Have a designated photographer who may not be slimed, spaghetti'd or painted.

If you only have one messy activity planned, save the best for last.

If you go with a totally messy party, go with messy food, too, buffet style or make-your-own.

If you don't want kids to get stained or dirty, you can still make a mess. Just use smocks, shower caps, and bandanas to cover up.

The sky's the limit when it comes to making messes. Use your imagination; then consider safety precautions, as needed.

colorful pair wins.

16. Sloppy volley. Divide guests into two groups. Put a line across the center of your play arena like a tennis court. Everyone has to stay on their own team and wear swim goggles. Place a table of supplies within reach of the backcourt. On the table, supply large bowls of chilled mashed potatoes, Jello, pudding, and cooked oatmeal. Tint food with food coloring if clothing can be stained. On your mark, get set, food fight!

17. Trashion runway. For a couple of months before the party, don't discard your reusable recyclables. Spread them out evenly in tarps with plenty of clear tape, masking tape, painter's tape, and Duck tape. Pair guests up into design teams. Give a time limit like one hour. The assignment is to design a runway-worthy fashion for each team out of only the trash that's been supplied. Have a runway show afterwards to display the results.

siclovía
YMCA OF GREATER SAN ANTONIO
COMMUNITY EVENT

the **Y**
YMCA

2TH EVENT

PLAY IN THE STREET
September 25, 2022 • 10a - 2p
Visit siclovía.org for more details!

QR code: Snap code to see the full route.

QR code: Snap code to volunteer.



**The Pediatric Care You Need,
When You Need It.**



Same
Day
Access Clinics

CentroMed

SA PEDIATRICS

Monday - Friday | 8 am - 7 pm

Physical Exams • Sick Visits • Preventive Care



For locations, availability and to schedule
your appointment online, please visit:

CentroMedSA.com